CREATING BRIGHTNESS OF FUTURE



 - e - 1
 - 1 - E
 - A - 1
 - 1 - E
 - A - 1
 - A - 1
 - A - 1
 I
 - T



MOTIVATION

X

X

X

2

X



 - e - 1
 - 1 - E
 1 A 1
 - 1 - E
 - A - 1
 - A - 1
 I
 - T

THESE ARE THE LIFE DREAMS	OF	THIS	DAY OF	IN THE YEAR
1. IDEALIZATION	Complete	these page	es making sure vol	bu describe your most ideal life. Shoot for the stars and at the very least you'll hit the moon.
I. IDEALIZATION	-			
	HAV	E here we	e'll explore the phys	ysical things, toys or should I say, 'stuff' you want to have.
HOUSES how many, wh	nere, worth,	, no. of bed	s/baths/other roon	oms, views, outside, fixtures & fittings
CARS make, model, ye	ar, color, re	ego/license	plate, interior type	e and color
BOATS make, model, fe	eet, color, ir	nterior, no. d	of berths, names, ye	year, Jet ski

HAVE CONTINUED ... here we'll explore the physical things, toys or should I say, 'stuff' you want to have.

PLANES ... make, model, year, interior fit-out, range, pilot's names, jet/prop, base airport, name

HELICOPTERS ... make, model, year, fit-out, range, name, home base

BIKES ... push, motor, road, dirt, rego / license plates, color

JEWELRY ... his/hers, watches (make, model, metal/color stones), necklaces (metal/color, stones, weight), rings (metal/color, stones, weight), bracelets and bangles (metal/color, stones, weight).

FURNITURE ... how many, where, worth, no. of beds/baths/other rooms, views, outside, fixtures & fittings

HAVE CONTINUED here we'll explore the physical things, toys or should I say, 'stuff' you want to have.
ELECTRONIC STUFF Latest iPhone (or inferior Android), iPad (for yourself or the kids), Apple Watch, Smart TV (with Netflix, YouTube etc.), Camera, Drone, Power Tools, Home Entertainment System
ART paintings, sculptures, photographs, memorabilia, prints, waterscapes
PETS dogs, cats, birds, guard dogs, fish, tiger
CLOTHES brands, shops you are well known in
LIBRARY subjects, no of books

HAVE CONTINUED ... here we'll explore the physical things, toys or should I say, 'stuff' you want to have.

INVESTMENTS ... self-managed super fund

PROPERTIES ... residential, no. of and bed/bath, suburbs/areas, wealth wheels, blocks of units, monthly passive, total value per year.

SHARES ... options, warrants, futures, equities, managed funds, blue chips, tech/biotech, mining, retail, transport, Bitcoin etc.

 $\pmb{\mathsf{CASH}}$... bank accounts in which countries, how much cash in each? V

 D0... now we can get a little more adventurous; let's look at the things you want to do, the places you want to go and the experiences you want to have in your life.

 MAJOR ACHIEVEMENTS ... business, family, investing, sports/hobbies

 AWARDS ... which ones, from whom, what for?

 DONATIONS ... time/money, which charities, functions, amounts?

KID'S MONEY ... how much, when, what rules?

SPORTING SPECIAL EVENTS ... which ones, where and when?

DO CONTINUED now we can get a little more adventurous; let's look at the things you want to do, the places you want to go and the experiences you want to have in your life.
HOLIDAYS/VACATIONS where, how many weeks per year, what class of travel?
HOBBIES what, how often, at what level?
NATURE where, what, how often?
FITNESS what exercise, where, how long?

SEMINARS OR LEARNING OPPORTUNITIES ... how many a year, what subjects?

DO CONTINUED... now we can get a little more adventurous; let's look at the things you want to do, the places you want to go and the experiences you want to have in your life. **RESTAURANTS** ... where, how often, which ones? SHOWS ... which ones, where, how often? FUN TIMES ... friends

BEING here's where you really have to start to think about who it is you want to be, how you want people to remember you, and most importantly what's important to you.
SPIRITUAL meditation, church
EMOTIONS which top ten to feel daily, I just am
FRIENDSHIP who, how many, what level?
FAMILY what do you want to them to feel, how do you want the relationships to be?

NEW IDENTITIES ... who do you choose to be?

BEING CONTINUED... here's where you really have to start to think about who it is you want to be, how you want people to remember you, and most importantly ... what's important to you.

ROLES ... what are your roles, daily, weekly, monthly?

VALUES ... and rules

 - e - 1
 - 1 - E
 1 A 1
 - 1 - E
 - A - 1
 - A - 1
 II
 I
 - T

THE 20

The 20 Minute "Coa	aching Session"	Name:	Date:	
Wins Celebrate your progress: What are your wins in the last?	Focus What are your biggest challenges opportunites right now?	KPI's Review relevant KPI's	Prescriptions Advice, corrections guidance and training.	
		Personal Development Accountability		
	Goals 3 Wins between now and our	next meeting		
	1.	2.	3.	

 - e - 1
 - 1 - E
 1 A 1
 - 1 - E
 - A - 1
 - e - 1
 - A - 1
 - A - 1
 I
 - T

PERSONAL OPPORTUNITY PLANNER

RELATIONSHIP	MONEY / INVESTING	CAREER DEVELOPMENT	LEARNING	OTHER

 - e - 1
 - 1 - E
 1 A 1
 - 1 - E
 - A - 1
 - A - 1
 - A - 1
 - A - 1
 II
 - T