

The Compass

Cycle Begins _____ Cycle Ends _____

Motivation	Carrot	Stick

	Strategy Description	9-Sep	16-Sep	23-Sep	30-Sep	7-Oct	14-Oct	21-Oct	28-Oct	Completed?
1										
2										
3										
4										
5										
6										

My Next Belt Level:



\$50k+



\$100k+



\$150k+



\$200k+



\$300k+



\$400k+



\$500k+



\$750k+



\$1M+



\$1.25M+



\$1.5M+



\$2M+

Signed:

Date: