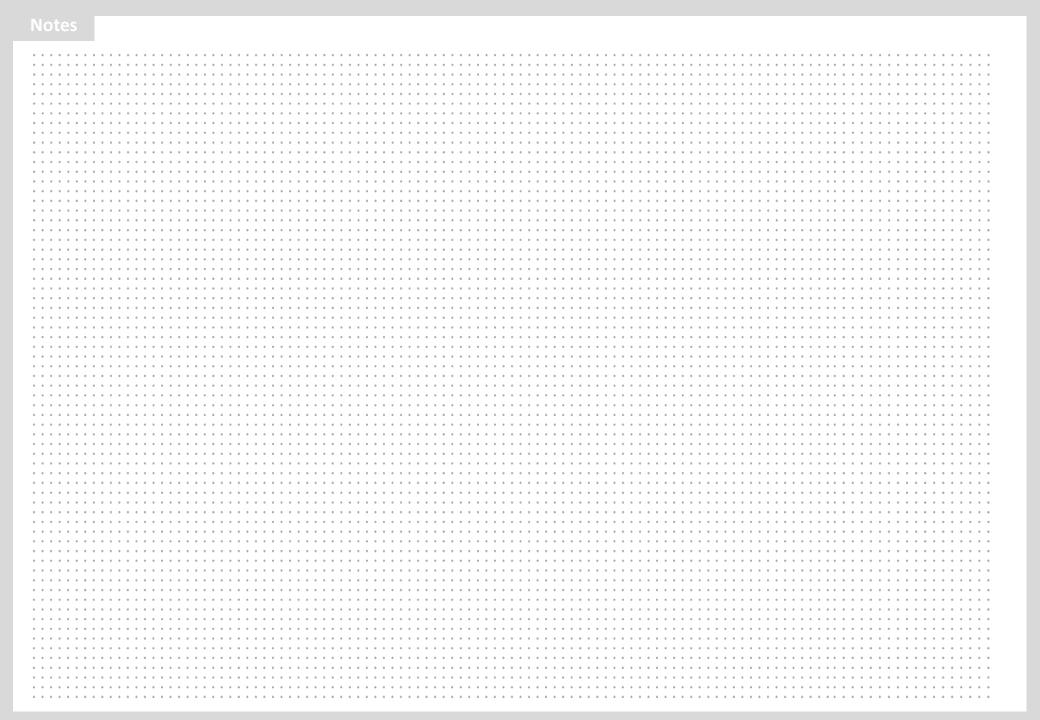
The Personal Productivity Upgrade TM

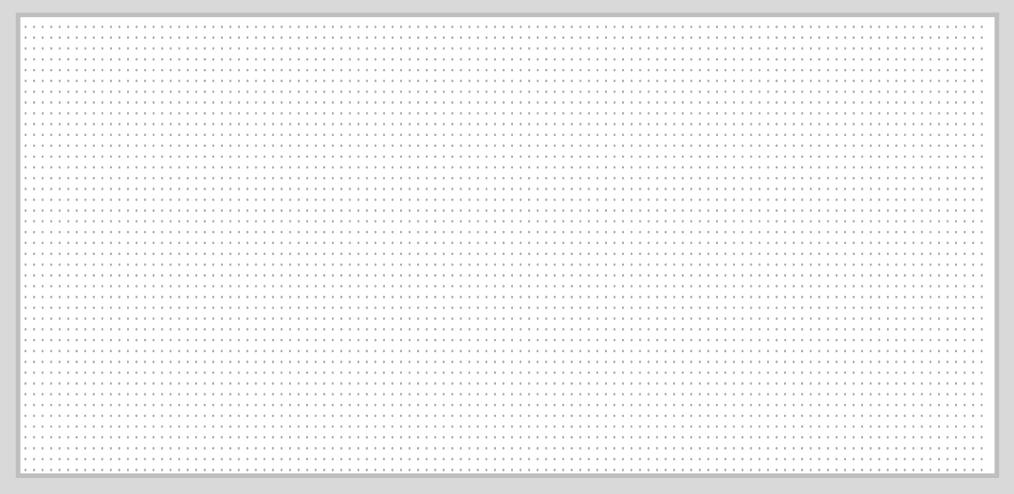








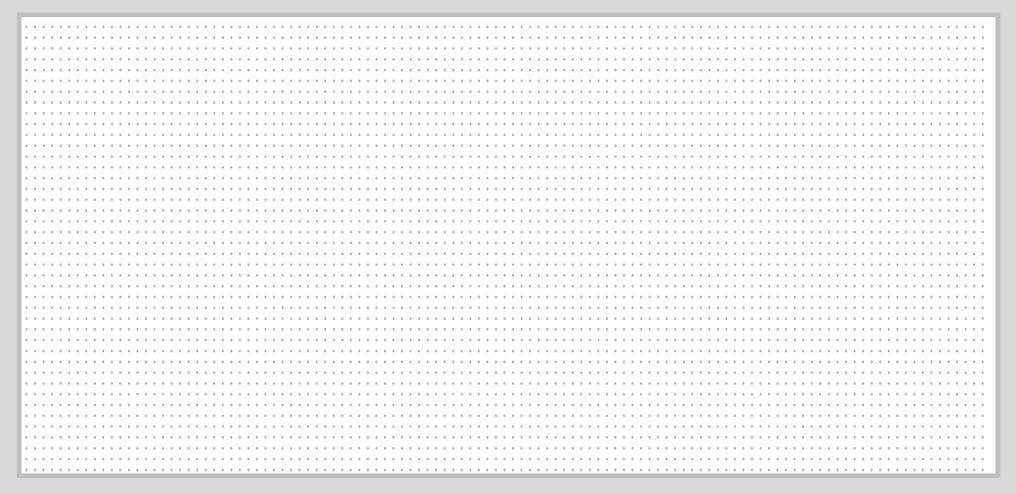


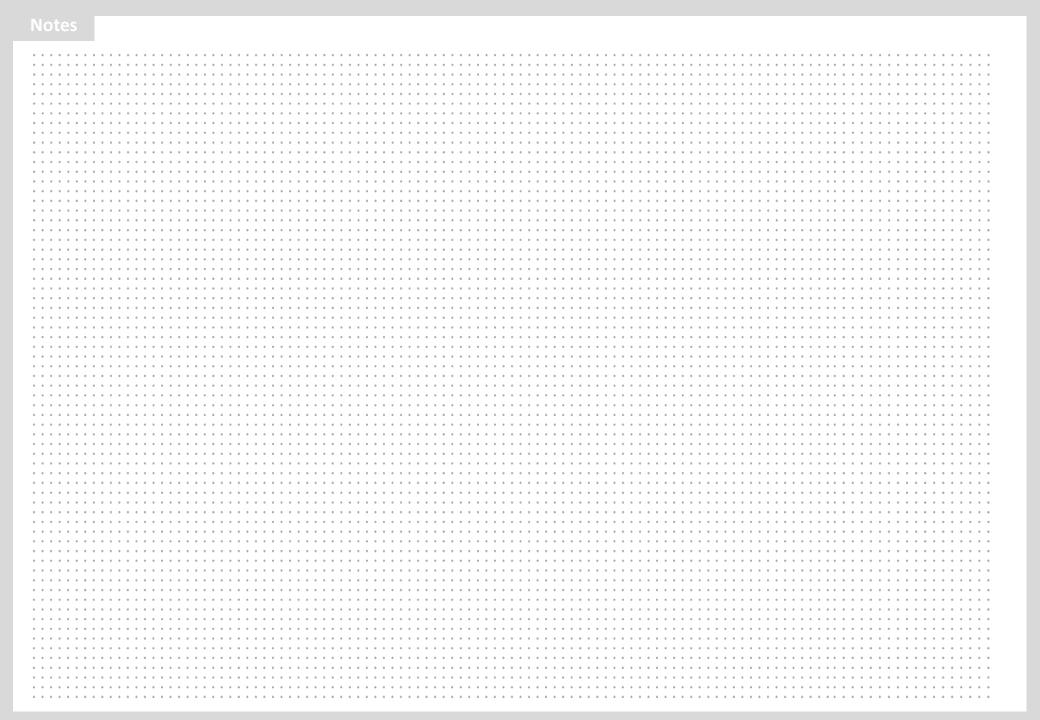




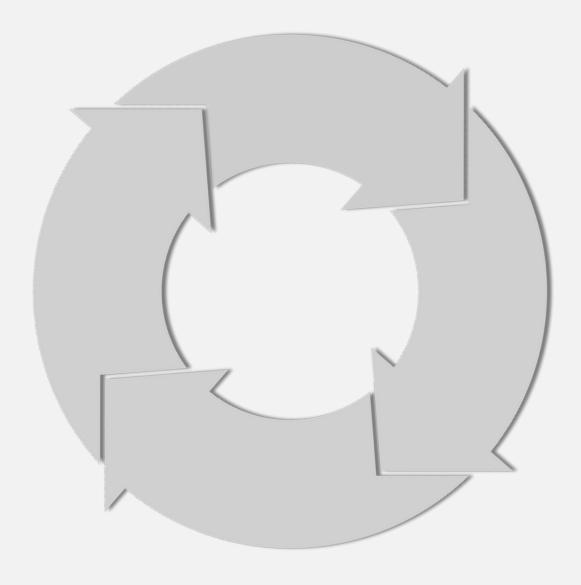


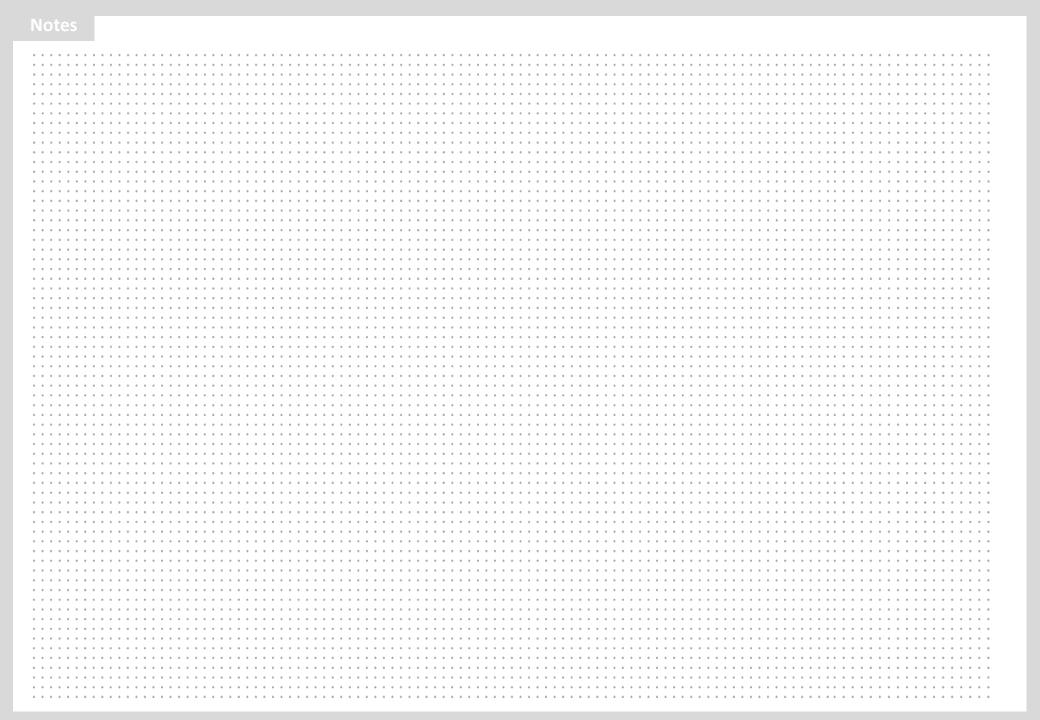






Personal Productivity Cycle





Time Productivity Analysis



Time Productivity Analysis

Date	Activity	Start	Finish	Total Time	Category
				IIIIe	
				1	
	1				

Time Productivity Analysis Example

PROFITABLE TRADIE.

Time Productivity Analysis

9	Activity	Start	Finish	Total Time	Category
7	Check; Is schedule	645	700	15	Scheduling
	Tod Box Meeting	700	745	45	Team Munageme
	Organise Hotoam	745	800	15	Scheduling
	Phone - Harris Job	800	815	15	Project Manage
	Invoicing	815	930	75	Invoicing
	Pricing	930	1200	150	Pricing
	Lundy	1200	1230	30	Break
	Travel	1230	1250	20	Travel
	Orsit · Marten	1250	300	130	On-the-job
	Travel	300	315	15	Travel
	Phone - Various Jobs	315	350	35	Project Manager
	Meet with Jane	350	420	30	Tran Managem
	Back Costing jobs	420	530	70	Back Costing
	<i>y</i> ,				

Time Productivity Analysis Results

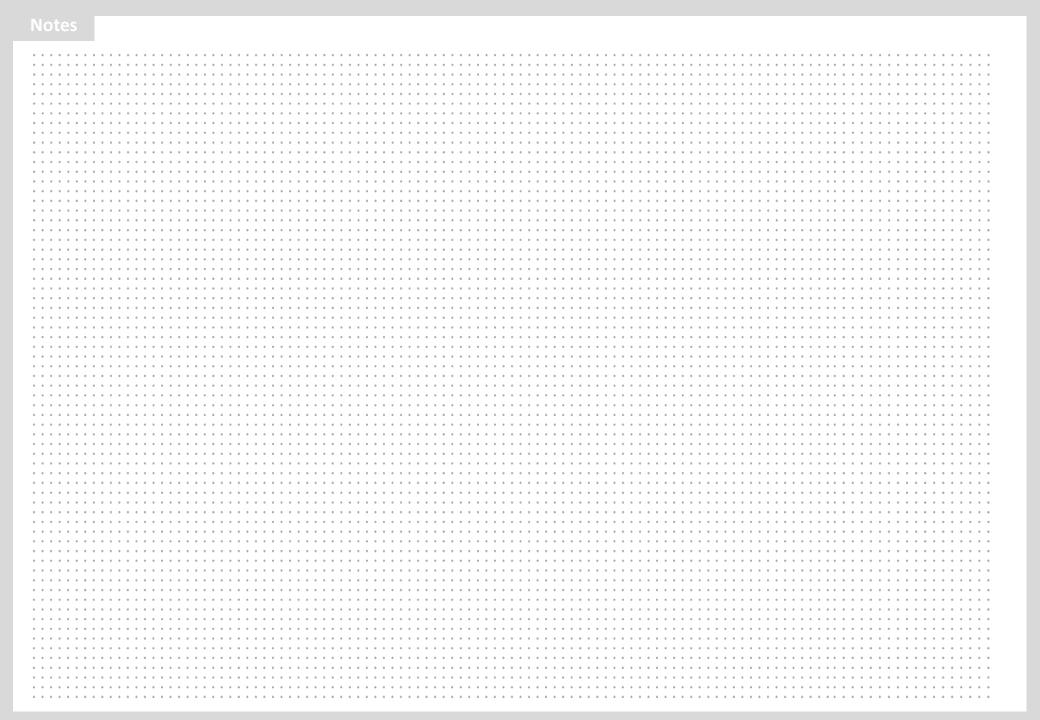
Step 1: Add results from Time Productivity Analysis. Enter date in column A. Enter task categories in row 3. Enter the time in minutes

			On the	Project		Business	Team	Back		Site Visits for		Quote Follow	
Category	Scheduling	Pricing	Job	Management	Invoicing	Improvement	Management	Costing	Travel	Quoting	Breaks	Up	Total
Date													
2-Sep	30	150	130	50	75	0	75	70	35	0	30	0	645
3-Sep	30	150	130	50	75	0	75	70	35	0	30	0	645
4-Sep	30	0	280	50	0	75	75	0	35	70	30	0	645
5-Sep	30	0	280	125	0	0	75	0	35	0	30	70	645
6-Sep	30	15	0	130	60	0	130	0	75	175	30	0	645

Average Minutes	30	63	164	81	42	15	86	28	43	49	30	14	645
Average Hours	0.50	1.05	2.73	1.35	0.70	0.25	1.43	0.47	0.72	0.82	0.50	0.23	10.75
% per category	5%	10%	25%	13%	7%	2%	13%	4%	7%	8%	5%	2%	100%

Step 2: Pie Chart Showing Results



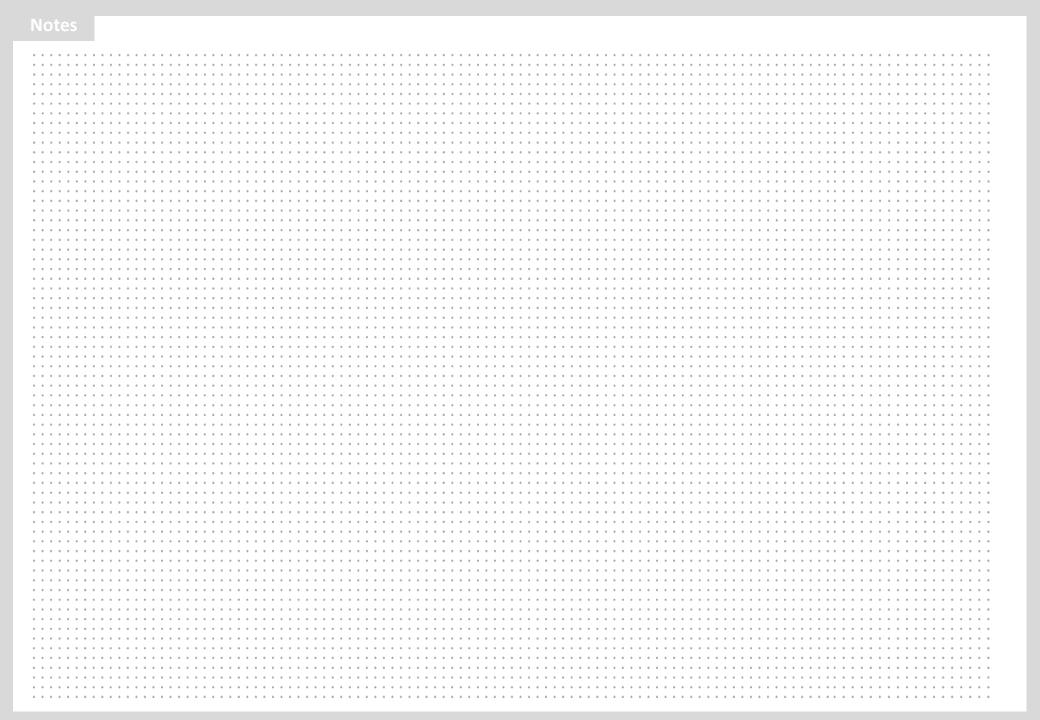


The Skill — Interest Matrix



The Skill — Interest Matrix





Default Diary



	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6.00am							
7.00							
8.00							
9.00							
10.00							
10.00 11.00							
12.00pm							
1.00							
2.00							
3.00							
4.00							
5.00							
6.00							
	I						

Default Diary Example



Default Diary – Business Owner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6.00am	Breathing Exercise / Meditation	Breathing Exercise / Meditation	Breathing Exercise / Meditation	Breathing Exercise / Meditation	Breathing Exercise / Meditation		
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
7.00	Drive to work	Drive to work	Drive to work	Drive to work	Drive to work		
8.00	Team Meeting On Site Quoting	Admin (Check accounts receivable, invoices, Wages, timesheets, etc)	BNI	Take Kids To School	Admin (Check accounts receivable, invoices, Wages, timesheets, etc)		
9.00			On site with Team	Business Development			
10.00		In Office Pricing			Follow up		
10.00					Quotes		
11.00				4			
42.00							
12.00pm	Lunch Business	Lunch	Lunch with Rachel	Lunch	Lunch "The 20" with key		
	Development	Gym		Gym	staff		
1.00	21		In Office				
		On Site Quoting	Pricing	On Site Customer Meetings			
2.00					Review week, organise		
					next week and tidy up		
3.00					Early finish and Pick kids up from		
4.00		4			school		
4.00							
5.00	Review day and plan for tomorrow	Review day and plan for tomorrow	Review day and plan for tomorrow	Review day and plan for tomorrow	Family Time		
	Family Time	Family Time	Family Time	Family Time			
6.00							

