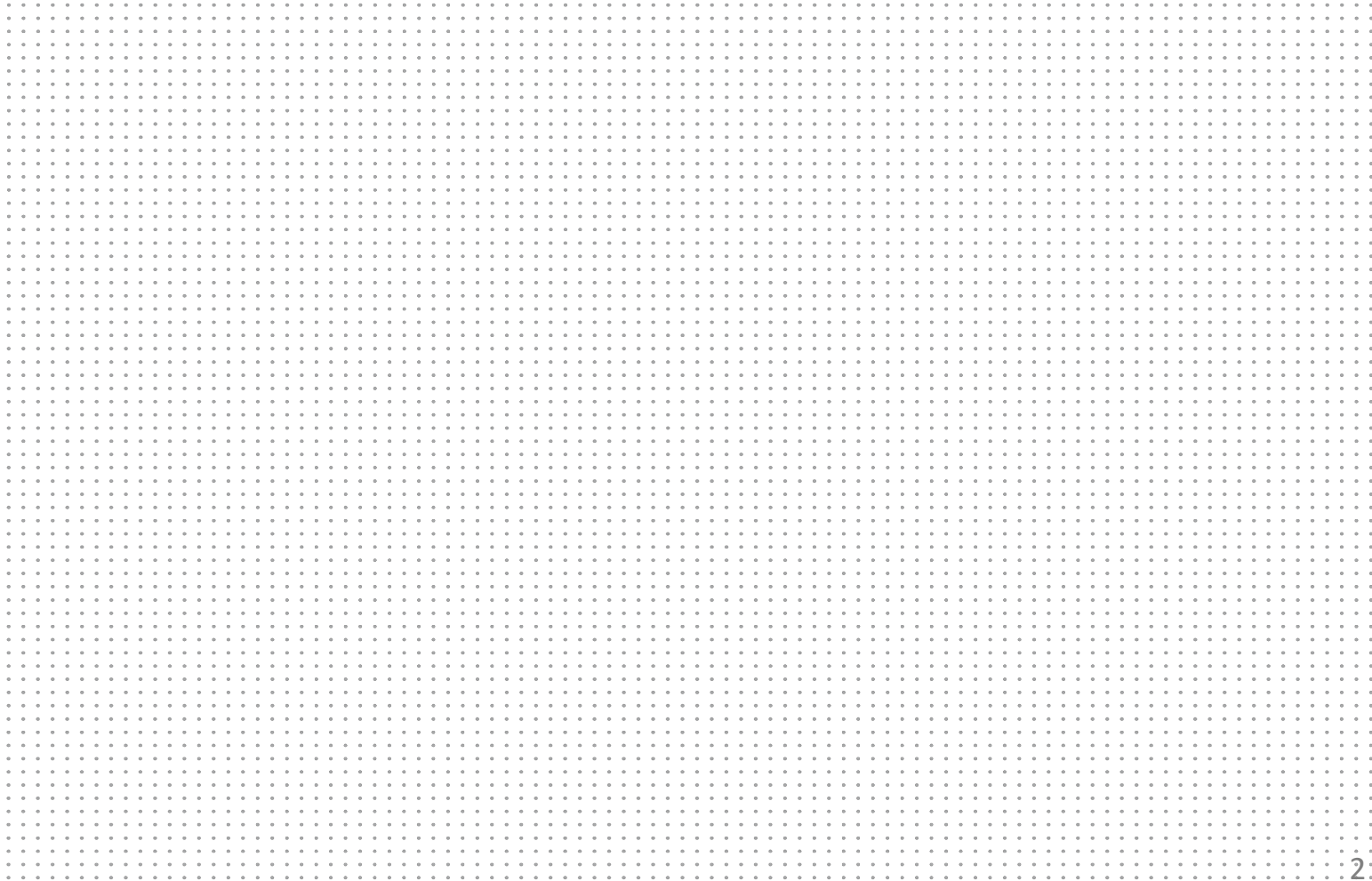


***Live A Bigger Life:
Bust Through Your
Mental Roadblocks***



5 Key Principles...

1. Make A Decision...

A person in a plaid shirt stands at the center of a road that splits into two paths, one leading left and one leading right. The background shows a clear sky and some greenery.

2. Becoming...

A person is sitting in a meditative pose on a rock by a lake. The person's hands are in a mudra position. The background features a calm lake, a forested hillside, and a cloudy sky.



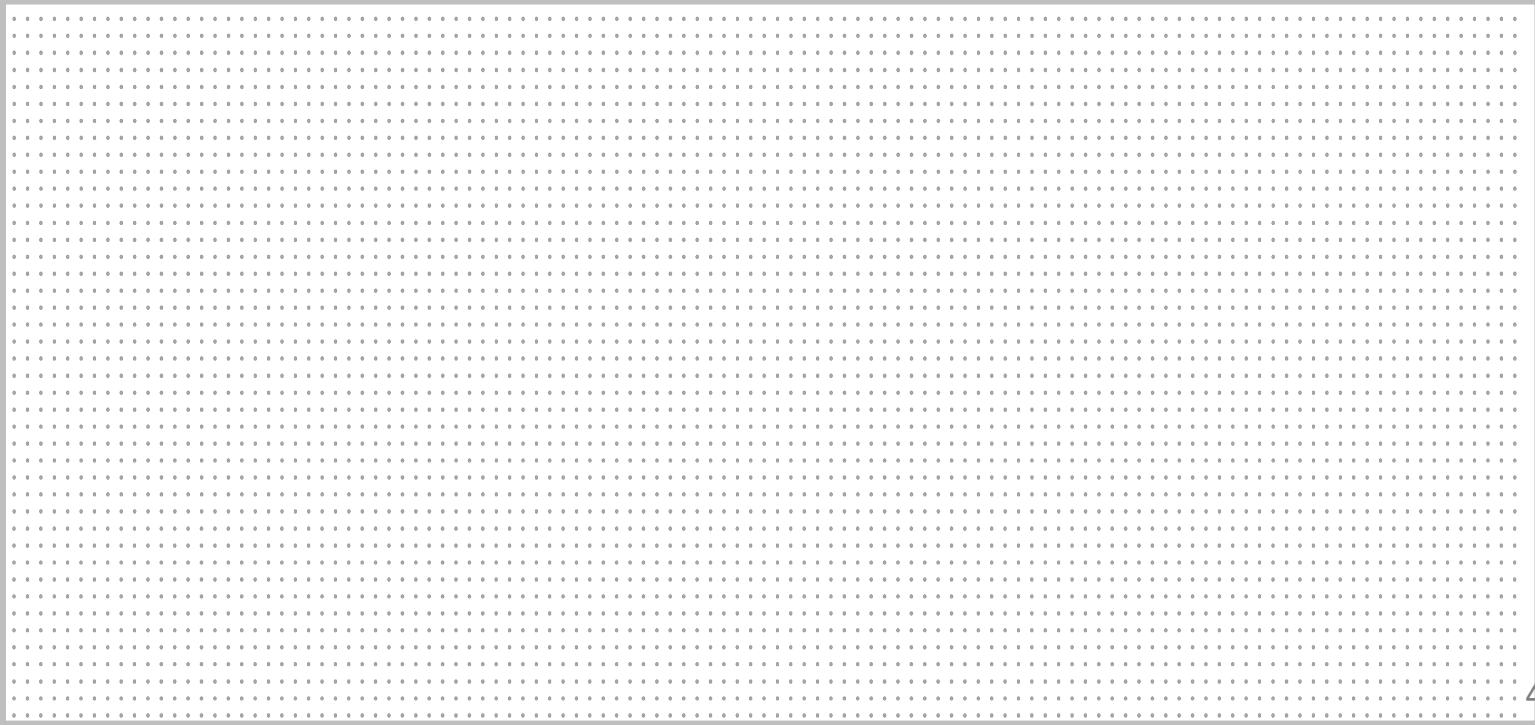
3. Check The Shadows...

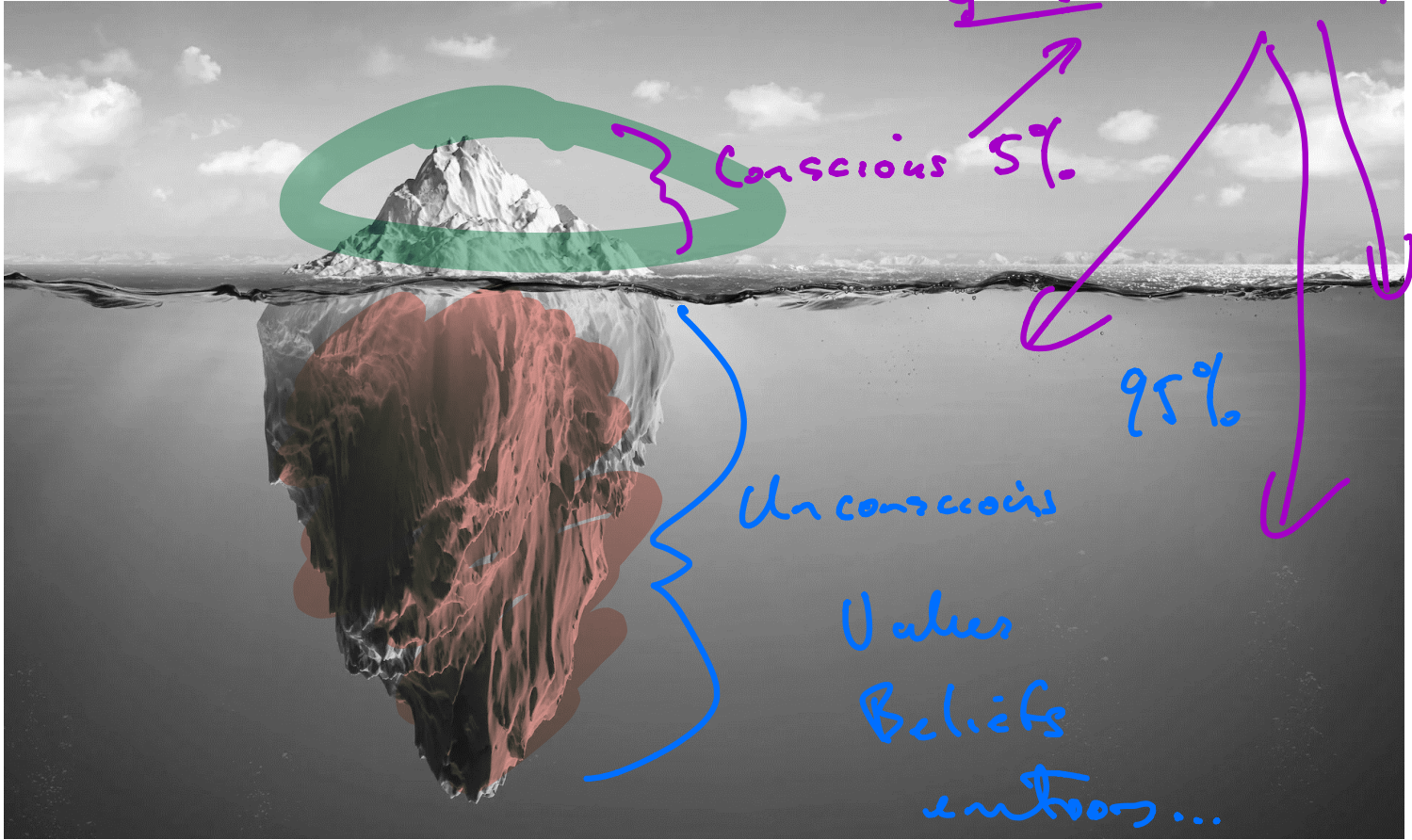


4. Change Your Lenses...



5. Live Bigger...





Goal: \$1m Profit

Conscious 5%

Unconscious

Values

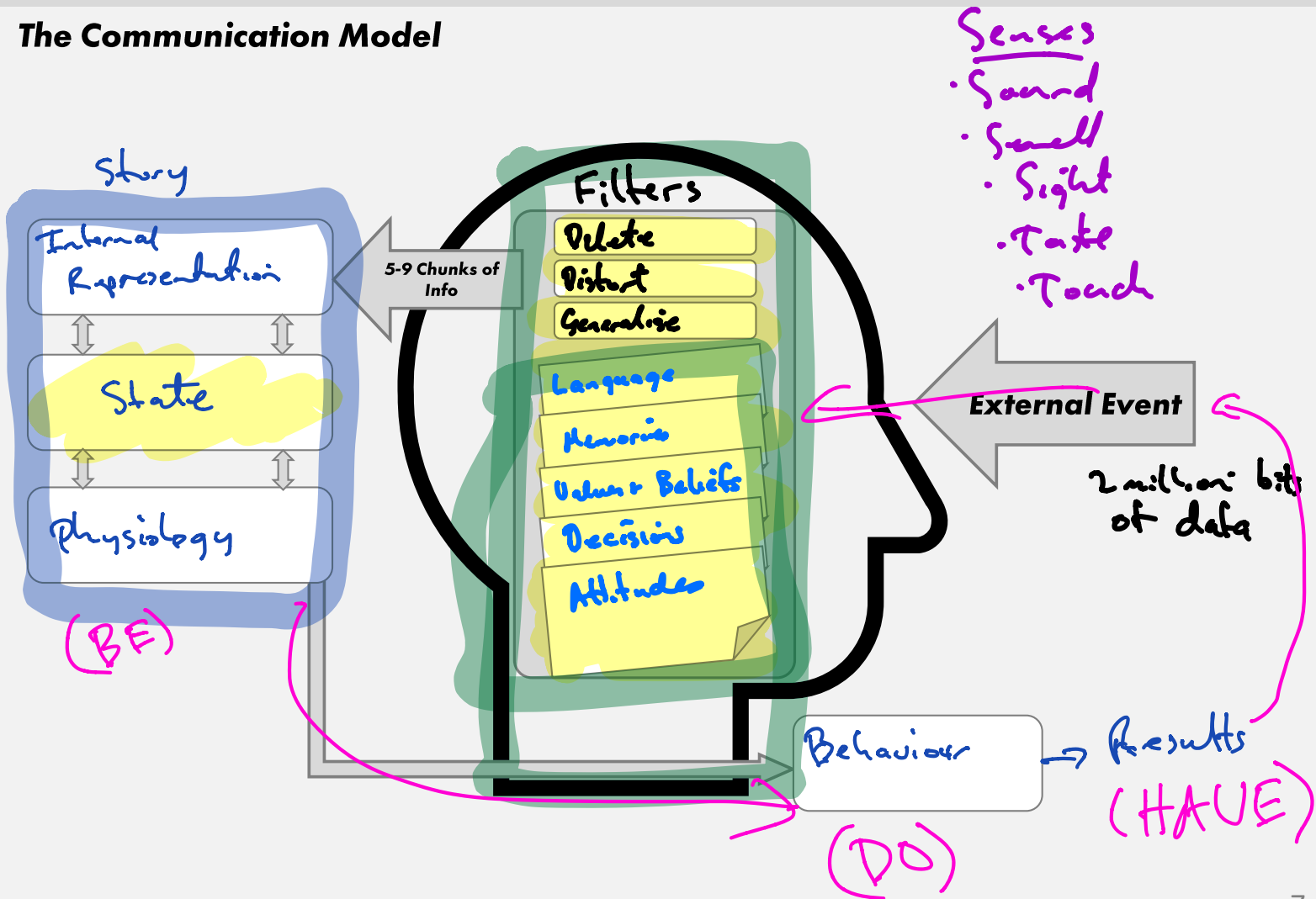
Beliefs

entirely...

95%



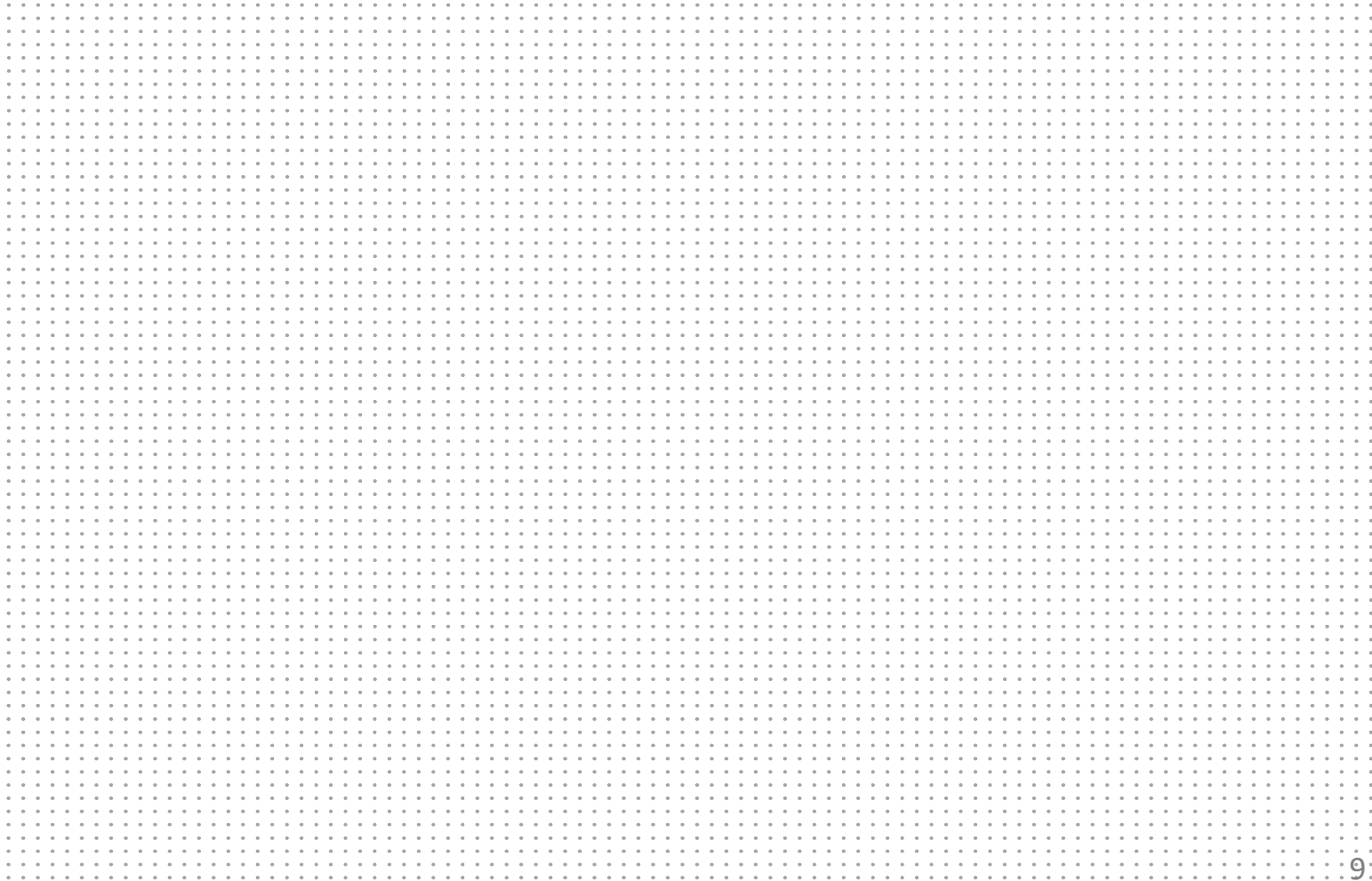
The Communication Model



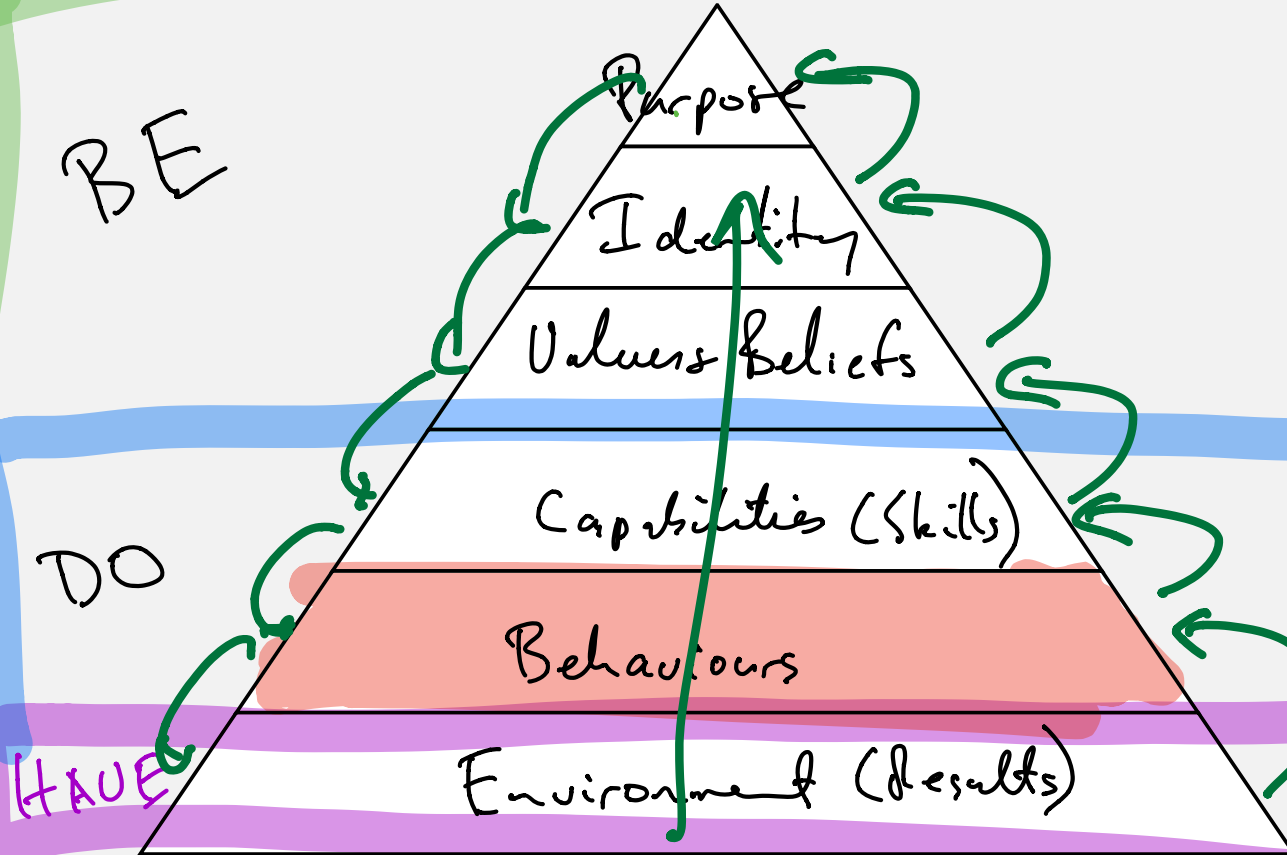
Unhelpful

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Difficulties



Levels Of Change



Affirmations

- **I CHOOSE TO BE BOLD**
- **I CHOOSE TO BANISH FEAR**
- **I CHOOSE TO BE ABUNDANT**
- **I CHOOSE TO CONTINUALLY UPGRADE MY PICTURE OF THE WORLD**
- **I CHOOSE TO RECOGNISE THE OPPORTUNITIES IN FRONT OF ME**
- **I CHOOSE TO ACKNOWLEDGE MY NEGATIVE THOUGHTS & NOT LET THEM CONTROL ME**
- **I CHOOSE TO ASSOCIATE WITH PEOPLE WHO PUSH ME TO GROW**
- **I COMMIT TO MY MENTAL, EMOTIONAL AND SPIRITUAL GROWTH**
- **I CHOOSE TO BE PRESENT**
- **I CHOOSE TO BELIEVE THAT I HAVE UNLIMITED POTENTIAL**
- **I CHOOSE TO REJECT ALL SELF-CREATED MENTAL AND EMOTIONAL LIMITS**
- **I CHOOSE TO MAKE MY LIFE AN ADVENTURE**
- **I ACKNOWLEDGE THAT ALL MY FEARS ARE OF MY MIND NOT OF THE WORLD**
- **I CHOOSE TO LAUGH TODAY**
- **I CHOOSE LEARNING AND ACTION OVER FEAR AND PROCRASTINATION**
- **I CHOOSE MY GOALS BECAUSE I MUST BECOME A BETTER VERSION OF MYSELF TO ACHIEVE THEM**
- **I CHOOSE TO BE A SOURCE OF ABUNDANCE & INSPIRATION TO THOSE AROUND ME**
- **I CHOOSE TO ENJOY MY JOURNEY**
- **I CHOOSE TO BE GRATEFUL TODAY**
-
-
-
-
-
-
-
-
-

