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| **Life Category** | **Result** | **SMART Goal(s) $$, Time, Activities** |
| **Business** (e.g. Profit, Sales, Team, Markets etc.) |  |  |
| **Wellbeing** (e.g. Health, Fitness, Spiritual) |  |  |
| **Life Category** | **Result** | **Goal(s) $$, Time, Activities** |
| **Fun and Enjoyment** (e.g. Hobbies, Toys, Activities etc.) |  |  |
| **Relationships** (e.g. Spouse, Significant other, Children, Family, Friends)  |  |  |
| **Life Category** | **Result** | **Goal(s) $$, Time, Activities** |
| **Holidays** (How many? How often? Where?) |  |  |
| **Financial and Wealth** (e.g. investment strategy, Net Worth, Retirement Plans etc.) |  |  |
| **Life Category** | **Results** | **Goal(s) $$, Time, Activities** |
| **Contribution / Charity** (e.g. Community Involvement, School Boards, PTFA, Sports and Cultural Coaches, Charity organisations) |  |  |
| **Other** |  |  |